



Area Agency on Aging

DRCOG area agency on

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Service | Support | Advocacy

Aging and Disability
Resources for Colorado



Aging and Disability Resource Center for Colorado • 303-480-6700

The Aging and Disability Resource Center provides older adults and adults with disabilities streamlined access to long-term services and supports to remain independent in the community. Information and Assistance and options counseling help individuals manage their health issues, remain independent and understand long-term care support and service options.

Information and Assistance • 303-480-6700

Community resource specialists provide information and assistance by phone and email to older adults and people with disabilities (18 and older). They help individuals understand their options, connect them with community service providers, offer guidance and tips on accessing services, and provide resources by email and mail.

Options Counseling • 303-480-6700

Options counseling is available for older adults, people with disabilities and their caregivers. Options counseling begins with an in-person interview and a strength-based assessment. Counselors work with consumers to explore individualized options and resources for long-term services and supports; provide decision-making support; establish an action plan; and help individuals access to desired services.

Case Management • 303-480-6704

The Area Agency on Aging provides intensive short-term case management services for people 60 and older. Case managers conduct a comprehensive needs assessment and help the individual or their caregiver develop a care plan with the goal of obtaining services and benefits. Case managers help coordinate and monitor services so individuals can live independently and safely.

Long-Term Care Ombudsman Program • 303-480-6734

The Long-Term Care Ombudsman Program is an advocacy program that protects the rights of residents of nursing homes and assisted living residences. Ombudsmen investigate complaints, help facility staff solve or mediate problems, provide education about long-term care communities and residents' rights, and help consumers select care communities appropriate for their needs.

Program of All-Inclusive Care for the Elderly Ombudsman • 303-480-6734

The Program of All-Inclusive Care for the Elderly Ombudsman is an advocate for participants in programs beyond long-term care facilities. Ombudsmen help resolve issues related to care, health, safety or participants' rights. Ombudsmen resolve complaints from quality-of-care issues (such as a participant's preferred time to receive care) to abuse and neglect.





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Caregiver Support and Services • 303-480-6700

The caregiver support and services program helps caregivers access resources and support in their communities. Support and services include evidence-based education, care consultations and respite care options. The program supports caregivers at all stages of the caregiving journey.

Choice Services Program • 303-480-6700

The Choice Services Program provides no-cost community services to qualifying individuals 60 and older, including transportation for personal and medical trips at no cost to eligible/qualifying older adults through a variety of contractors.

The Choice Services In-Home Services program provides up to two hours per week of home care at no cost to eligible individuals 60 and older. Some examples of in-home services include:

- Light housekeeping.
- Laundry or linen changes
- Meal preparation.
- Grocery shopping.
- Nonskilled personal care needs, such as bathing and dressing.

State Health Insurance Assistance Program • 303-480-6835

The State Health Insurance Assistance Program provides Medicare beneficiaries in Arapahoe, Douglas and Jefferson counties with information, counseling, and enrollment assistance. SHIP counselors provide free in-depth, one-on-one assistance with Medicare and supplemental insurance policies to beneficiaries, their families and caregivers. They also help eligible people obtain financial assistance.

Senior Medicare Patrol • 303-480-6835

Senior Medicare Patrol provides people with Medicare preventive education and counseling on how to protect, detect and report suspected Medicare fraud, errors and abuse. Certified counselors provide advice on protecting Medicare benefits and detecting irregularities on Medicare Summary Notices. They conduct Medicare fraud prevention classes for groups and providers. They can help individuals with Medicare billing errors or charges for services they did not receive, or who want to report suspected Medicare fraud.

Network of Care • 303-480-6700

Network of Care is a comprehensive web directory with easy-to-use community service listings, a library on more than 40,000 health topics and a secure, electronic personal health record.



Community Options (Transitions) • 303-480-6838

Transitions counselors educate eligible Medicaid members living in nursing homes, regional centers and intermediate care facilities about community-based living options. Members receive options counseling to support decision-making and may enroll in Medicaid Transition Services.

Veteran-Directed Care • 720-278-2351

Veteran-Directed Care helps veterans of all ages live independently in their homes and communities. Area Agency on Aging case managers serve as the veteran's primary source of support, and can provide help for veterans who are isolated or whose caregiver is overburdened.

Case managers help veterans obtain services that allow them to live safely at home, including help with bathing, getting dressed, preparing meals and managing medications. Eligibility is determined through the Department of Veterans Affairs.

Older Adult Refugees and Friends • 303-480-6786

In partnership with the Colorado Refugee Service Program, DRCOG's elder refugee program helps older adult refugees decrease their social isolation, increase integration experiences and build community connections. Activities promote health, nutrition and wellness. The program partners with the Aurora Center for Active Adults and other recreation centers.

The Denver Regional Council of Governments

is the federally, designated Area Agency on Aging and Aging and Disability Resource Center for Colorado for eight counties: Adams, Arapahoe, Clear Creek, Douglas, Gilpin and Jefferson, the City and County of Broomfield, and the City and County of Denver.

DRCOG **connects** older adults, adults with disabilities and their caregivers and families with **information** and **services** to help them to remain in their homes or maintain their **quality of life** in long-term care facilities.



Contact Us:

Don't know where to start? Call 303-480-6700 to speak with a community resource specialist. Assistance is available in multiple languages.

AreaAgencyOnAging@drcog.org
drcog.NetworkOfCare.org
drcog.org/aging

