



Volunteers
of America®

COLORADO

AGING & NUTRITION SERVICES

MISSION

The mission of Volunteers of America Colorado is to identify and serve the basic needs of the most vulnerable individuals and families within the community.

DRCOG SUPPORTED PROGRAMS

Programs	Contracted Units FY '24
Meals on Wheels	447,617
Congregate Dining	114,983
Handyman (Chore)	2026
Assisted Transportation	6840
Healthy Aging - Evidence Based	811

MEALS ON WHEELS

Home Delivered Meals								
Month	Adams	Arapahoe	Clear Creek	Denver	Douglas	Gilpin	Jefferson	Reported Units
July	979	8,165	746	24,204	1,626	350	9,600	45,670
August	1,313	9,120	904	27,190	2,390	314	11,703	52,934
September	1,108	8,670	841	26,891	2,534	310	10,750	51,104
October	1,404	8,539	910	26,520	2,590	339	10,628	50,930
November	1,322	9,145	886	27,832	2,096	440	10,698	52,419
December	630	8063	761	28335	1975	503	9755	50,022
January	595	8063	698	23997	1820	472	8480	44,125
February	801	7488	760	21727	1885	400	7221	40,282
March	475	7074	833	21762	1200	305	7082	38,731
April	1087	6760	798	19706	1835	308	6643	37,137
May	939	6661	896	20931	1845	331	6616	38,219

CONGREGATE

Congregate Total Meals FY 24								
Month	Adams	Arapahoe	Clear Creek	Denver	Douglas	Gilpin	Jefferson	Reported Units
July	557	643	369	6235	428	181	731	9,144
August	520	961	501	7869	491	214	808	11,364
September	468	812	460	6797	475	213	665	9,890
October	730	1084	453	9306	536	176	1085	13,370
November	579	981	360	6903	759	116	742	10,440
December	629	864	268	5923	438	164	804	9,090
January	804	1048	291	7463	582	193	722	11,103
February	894	913	321	7335	693	163	692	11,011
March	806	954	302	6185	538	163	639	9,587
April	999	1205	328	7361	802	188	754	11,637
May	933	1187	331	7197	828	247	741	11,464

INNOVATIVE MENUS & NEW CONCEPTS

- All Menus Incorporate Seasonal Foods & Fresh Produce
- Evening Meal
 - 2 locations serving a plated restaurant quality meal
- Our Mobile Congregate Food Truck
 - 3 sites served weekly
- Every Thursday is a Themed Meal
 - Holidays
 - Cultural Themed Meals

HANDYMAN (CHORE)

FY '24

Events and Repair

- 732 Grab Bars
- 173 'plumbing' repairs
- 576 New clients
- 100 driveway's shoveled
- 1,989 Volunteer hours

ASSISTED TRANSPORTATION

- Gilpin and Clear Creek County
- Over 1,000 Cross County Medical trips
- Largest portion of trips is Grocery Shopping

HEALTHY AGING EVIDENCE BASED

- Healthy Moves- DRCOG supported class

- Other offerings
 - Diabetes Prevention Program
 - STEPS to Healthier Aging I and II
 - Exercise Program

OTHER WRAP AROUND SERVICES

Foster Grandparents

- Stipend volunteer program through AmeriCorps Seniors
- Connects 55+ with service opportunities in educational settings

RSVP

- 55+ volunteer connection program
- Special Projects- I Remember Mama, Valentines Day
- Volunteer opportunities for clients receiving services

OTHER WRAP AROUND SERVICES

City Harvest Food Bank

- Pantry Boxes
- Pantries at senior living facilities like Zion Center
- Referrals to local food pantries
- 1,000,000+ donated to partner agencies in FY24

PLANNED GROWTH

- New Freezer 700sqft
- 20% increase MOW Clients served
- Healthy Aging moving into other client populations and all to EB programs

**A unit of service is a chance at
relationship and a relationship is
a chance of a life transformed.**



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